

Abraxas I Girls Give Handmade Hugs to Kids in Need

BY:
Dave Fitch & Jeanne Godlesky
Abraxas I
Marienville, PA



In keeping with the goals of Balanced and Restorative Justice, Abraxas I (AI) in Marienville, PA offers residents a wide variety of community service opportunities in the local community. However finding ways for youth to give back to their home communities while residing at AI has always been quite challenging. But that changed when they learned about Project Linus.

Project Linus is a nationwide, non-profit organization which collects and distributes blankets to children who are ill, traumatized or otherwise in need. The charity is named after the Charlie Brown character Linus who was created by Charles Schultz. Linus knew the secret of a security blanket and so does this project. The local Project Linus representative Tonia Getch visited Abraxas I, met with our girls, discussed

the project and shared some very touching stories via video of children who have been recipients of the blankets.

Only handmade blankets are accepted. Their 20 chapters across Pennsylvania and close to 400 nationwide, give blankets to neonatal units, hospital nurseries, children who have experienced trauma such as a home burning, women and children's shelters and even to state police who carry the blankets in their cruisers to name a few.

Project Linus is a perfect match for our girls in the Intensive Drug and Alcohol Treatment Program as many of them can relate

their past experiences and develop empathy for others through this project. The girls select the materials, hand make the blankets and send them when possible, to a chapter of Project Linus in their county of origin. Project Linus will then distribute these blankets so children in need can receive a handmade hug and remain "covered in love".

The Girls Intensive Drug & Alcohol Program is new to Abraxas I this year. A program goal was to develop a drug and alcohol program for adolescent females that would mirror the existing male program with the exception of gender specific curricula and opportunities. This initial milestone was accomplished in August when the facility opened Redwood Dorm, an 8 bed female unit. With exceptional programming and continued support, the need for additional beds soon became apparent. In October the female program transferred to Mohican Dorm and capacity increased to 32.

As a whole, Abraxas I youth have completed 6,500 hours of community service this year. Partnerships include, the Pennsylvania Fish Commission, local churches, the Venango County Training and Development Center and various college/high school speaking engagements to name a few.

For more information about Abraxas I, contact your local Client Relations Liaison or visit www.abraxasyfs.com



Abraxas I Intensive Drug & Alcohol Treatment for Girls

Our goal is to assist young women in developing a strategy for recovery through a combination of building positive relationships, enhancing self-esteem and body image, teaching life skills, and providing individual counseling to ensure and maintain a sober and successful future.

- Licensed Drug and Alcohol Treatment (DDAPL)
- Minimum of ten (10) hours of primary care services (drug and alcohol specific) per week provided to each client
- Gender specific Hazelden curriculums for women
- Girl's Circle: curriculum designed to develop/enhance life skills & interpersonal relationships
- PTSD curriculum developed by PTSD Project
- Individual, group and family counseling
- Group counseling topics to include: domestic violence, abusive relationships, sexual assault, self-esteem and life skills
- On-grounds, privately licensed high school with diploma and GED tracks, SAT prep and testing and credit recovery assistance
- Career and Technical Education programming to include Culinary Arts and ServSafe certification
- Workforce development, restitution and community service opportunities

LDP Serves as Stepping Stone for Success for Delaware County, PA Youth

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LDP Serves as Stepping Stone for Success for Delaware County, PA Youth

BY:
Shane Sloat
Leadership Development Program
South Mountain, PA

As we are all aware, it is the decisions that we make which result in the circumstances we find ourselves in. How we then choose to handle these circumstances is up to us. This year, the Leadership Development Program (LDP) is proud to share in the success of one client in particular from Delaware County, PA.

Rene E. came to the program in December 2010 overcome with the thoughts of his actions that placed him with us. Once at the program, but not without question, he began to think about what we were teaching and how it related to and was impacted by what led him to LDP. He soon began to realize the decisions he makes will have a huge impact on the rest of his life.

In February of 2011, Rene worked diligently to make up for lost time with his formal education and ultimately his hard work paid off when he received his high school diploma from LDP. Also during this time, he worked through and excelled in all clinical phases of the program and participated in a field operation in which he learned valuable medical skills and earned a certification in Red Cross First Aid/CPR/Professional Rescue with the Leadership Experiential Adventure Program (LEAP).

Prior to completing LDP, Rene expressed interest in furthering his education, helping troubled youth like himself, and teaching others about the character that he had found in himself. In May of 2011, Rene was accepted as a student at Penn State – Mont Alto in south central Pennsylvania.

He left LDP as an inspiration to others and as living proof that when one is committed to making the most out of the circumstances he/she has, all it takes is initiative to make it happen.

We wish Rene the best as he continues his journey.

Southwood Happenings

BY:
Walter Carlson
Southwood Interventions
Chicago, IL

After a whirlwind of a summer we entered into a quiet fall in preparation for the busy holiday season. In September, the Special Therapies Department sponsored a Men's Health Day for all male staff and clients for Prostate Cancer Awareness Month. Three Southwood staff members (Ken Gandy, case manager; Oliver Ball, senior counselor; and David Johnson, clinical director) volunteered their time and shared information about important men's health issues with the clients. We want to extend a very special thank you to them for assisting with this event.

In October, Barb Bernas, Human Resources representative, came out to Southwood to speak about breast cancer awareness at the Women's Health Day. The event was held on October 20th in honor of Breast Cancer Awareness Month.

Positive feedback was received for both events. What a blessing it is to have such helpful and caring staff volunteer their time to help others.

On Wednesday, October 26th we held our annual Fall Festival. This event coincided with Red Ribbon Week, a week of substance use/abuse education and prevention. Gift bags containing pencils, ribbons, bracelets, and more, with the slogan "Yes I Can Live a Drug Free Life" were handed out to everyone. During an open microphone session, we discovered we have many talented entertainers at Southwood. Games, crafts, and a scarecrow making contest were also included in the festivities. Congratulations to Women's Short Term for winning the contest. Clients and staff enjoyed a day of celebrating the change of seasons.

The following staff deserve special recognition for reaching milestones with the company:

5 Years of Service

Margaret Anderson
Veronica Brown
Rosemary Drisdell
Farroll Robinson
Trenesha Boyd

10 Years of Service

Lateal Lomax
Serkieta Calhoun
Oliver Ball
Kim Jones
LaZheta Thomas

20 years of service

Ed Fox
Gil Mendoza
Charles Patton
Fran Gayles

Thank you for your dedication to the clients and commitment to the company. Your time is greatly appreciated.

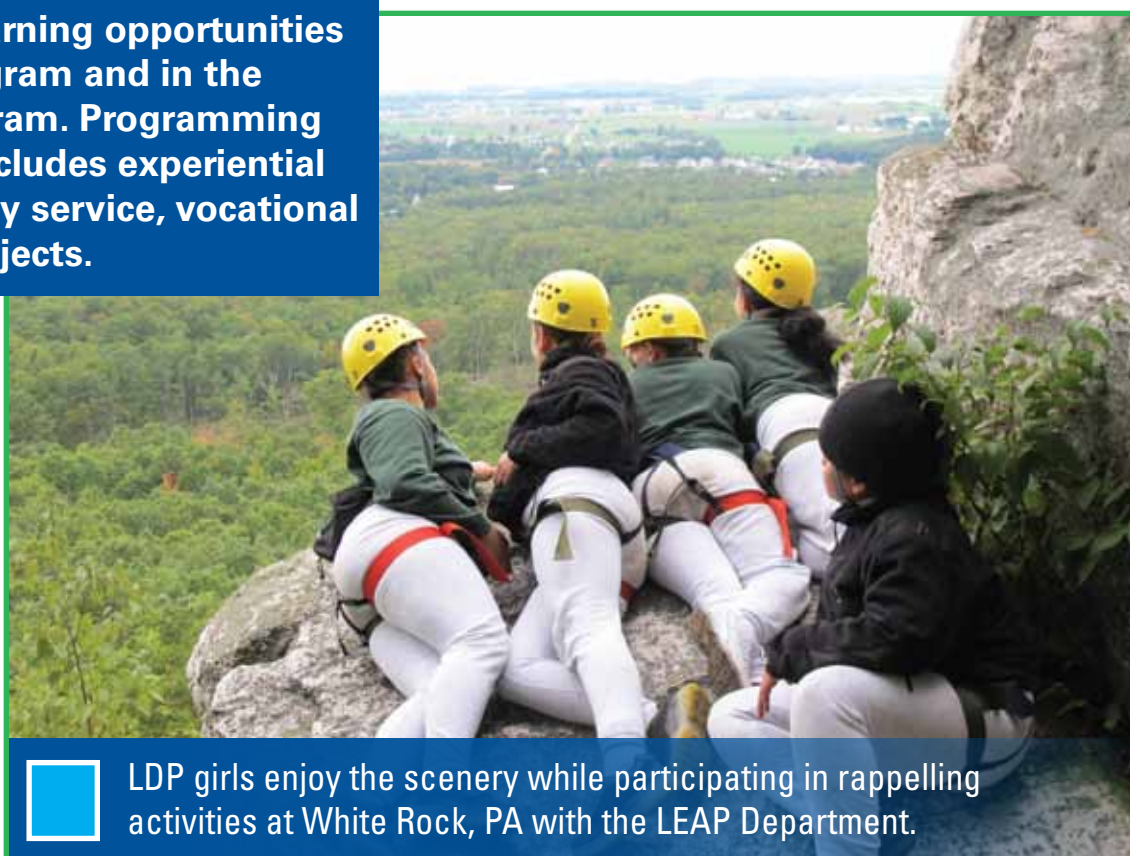
Southwood staff who deserve recognition for special accomplishments in 2011 are as follows: Congratulations to Peg Veloz for receiving her Bachelor of Science in Management; Kim Lewis for receiving her Bachelor of Science in Healthcare Leadership; Serkieta Calhoun for receiving her Bachelor of Arts in Elementary Education; Veronica Brown for receiving her Associates in Healthcare Management; and Rosemary Drisdell for receiving her CADC (Certified Alcohol and Drug Counselor). It's wonderful to see staff continuing to grow and better themselves.

We also said tearful good-byes and congratulations to Rita White and Margaret Mitchell. Rita White retired from her position of Clinical Coordinator II at the Men's Short Term Program on September 16th. After 20 years of service to the company and working her way up through the field, Rita is off to enjoy new adventures in her retirement. Margaret Mitchell retired on September 30th from her position as housekeeper. After 10 years of service to the company, Margaret is also off to enjoy her life of retirement. They will both be missed but are wished the best.



The LEAP department provides experiential learning opportunities for clients in the Leadership Development Program and in the Open Residential Firesetter/Sex Offender Program. Programming directly supervised by the LEAP department includes experiential education, adventure programming, community service, vocational programming, and workforce development projects.

Participants of Climbing Team #6 complete the Giants Finger on the low ropes challenge course at the Leadership Development Program.



LDP girls enjoy the scenery while participating in rappelling activities at White Rock, PA with the LEAP Department.



Strolling on the beach while on an experiential outing with the LEAP Department to Assateague Island, Virginia.

Abraxas' Leadership Experiential Adventure Program (LEAP) Community Service, Restitution & Vocational Education Update

2011 January through September



VOCATIONAL EDUCATION

Total Vocational Education Hours Completed: 4709

Number of Industry-Recognized Certifications awarded: 136

- OSHA-10 General Industry: 29
- American Red Cross First Aid, CPR, AED: 97
- American Red Cross Babysitter Certification: 8
- MS Office Specialist: 2

Number of Vocational Completion Certificates awarded: 60

- Indoor Maintenance: 23
- Horticulture/Landscaping: 29
- Babysitter Training: 8

Offered Curricula

- Foodservice (projected start in late 2011)
- Microsoft Office Specialist Certifications
- Horticulture/Landscaping
- Indoor Maintenance

RESTITUTION

Total Restitution Hours Completed: 2946
= \$18,412.00 paid out thus far

Key Projects

- Building Cleaning
- Challenge Course Maintenance
- Groundskeeping
- Holiday Wreath Sales
- Basic Housekeeping (Laundry, Meal clean-up)
- Light Interior Renovations (Paint Prep and Paint Application)
- Recycling Program
- Spring and Fall Flower Sales
- Supply Inventories

COMMUNITY SERVICE

Total Community Service Hours Completed: 2370

Key Partnerships

- Adams County Heritage Festival (Since 2009)
- Adopt-a-Highway (Since 2001)
- Blue Ridge Summit Public Library (Since 2010)
- Breast Cancer Awareness Projects (Since 2009)
- Salvation Army Coats for Kids (Since 2009)
- South Mountain Restoration Center (Since 1995)
- Strawberry Hill Nature Preserve (Since 1996)
- Totem Pole Playhouse (Since 2009)

What is Love?

BY:
Kelli Pettersson
 Abraxas Community Based Programs
 Harrisburg, PA

“Love is not Abuse,” a program founded by Liz Claiborne Inc., has been delivering this message since 1991 by providing information and resources that help combat domestic violence. October is Domestic Violence Awareness month, a fact that is easily overshadowed by Breast Cancer Awareness month (which is also held in October). However, students and staff of the Harrisburg Abraxas Student Academy proudly wore the purple ribbon throughout the month to highlight this very real and growing problem.

Students who participated in “Love is not Abuse” have found that 1 in 3 teens in relationships have experienced serious forms of dating violence and abuse, including sexual and physical abuse or threats of physical harm. In addition, almost half of the teens surveyed have personally been victimized by controlling behaviors. Despite these statistics, nearly 80% of girls who have been physically abused in their intimate relationships continue to date their abuser. With these staggering statistics, it is incredible that there hasn’t been more attention and focus on this topic in schools. Only 25% of teens reported having a course on dating abuse in school.

All month students participated in “Respect Works!,” a comprehensive best-practice model, which addresses the issue of teen dating violence. This includes “Safe Dates,” an evidence-based curriculum that has been proven to reduce incidents of teen physical and sexual dating violence, and is the only dating violence prevention program currently listed on the National Registry of Evidence-based Programs and Practices (NREPP). To reinforce the message, informational packets were sent home to parents to help them broach the subject at home. Feedback from students was so positive that this curriculum will be regularly rotated in group during the school year!

Hector Garza Center Team Finds Success with a Unique Group of Youth

BY:
Sergio Fernandez
 Hector Garza Center
 San Antonio, TX

In 2010, the Hector Garza Center in San Antonio, TX was awarded a contract by the Texas Department of Family and Protective Services to establish an Intensive Psychiatric Transition Program (IPTP). This program provides treatment for male and female youth who are transitioning from a psychiatric hospital. The goal is to assist these youth in stabilizing their behavior so they may transition from the hospital to a residential treatment program.

The services include continual psychiatric evaluation and medication assessment which are both provided by two contracted psychiatrists at the facility. The youth receive weekly individual and group therapy by one of ten licensed master’s level therapists. Therapists also construct a Stabilization Plan within the first seven days the youth is admitted and update the plan every two weeks. Direct care staff provide increased supervision and care. The youth in the IPTP program have a history of cutting, suicide and homicidal ideation and/or attempts, and other self-abusive behaviors.

IPTP services are provided for 60 to 120 days depending upon individual need. After the youth’s behavior is stabilized, he or she is transitioned into the Residential Treatment Program within the Hector Garza Center.

This year, the Hector Garza Center was awarded a renewal of the IPTP contract because of its success in helping this unique group of adolescents. The program has doubled in size from the first to the second year. Hector Garza Center has established itself as a leader in the state of Texas in working with youth transitioning from psychiatric hospitalization.



From left to right:
 Miguel Silguero, Youth Development Team Leader;
 Wondra Chang, Therapist; Daniell Narvaez,
 Quality and Compliance Technician

WOODRIDGE CELEBRATES NATIONAL RECOVERY MONTH

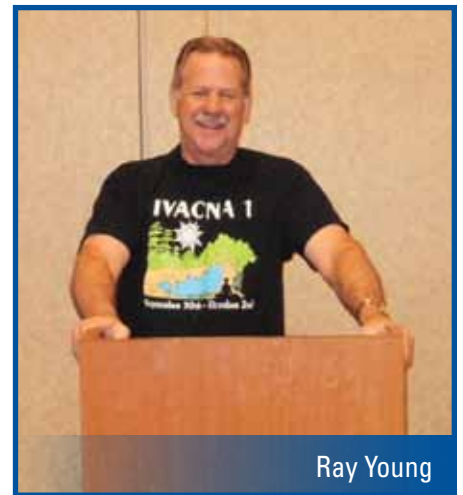
BY:
Steve Wennmaker
 Woodridge Interventions
 Woodridge, IL

September is National Recovery Month and Woodridge Interventions was active throughout the month in recognizing treatment and support staff as well as in participating in community activities.

On 9/17 our Men’s Unit and Recovery Home clients and staff attended the Rally Round Recovery in a local community. This event highlighted individuals who have reclaimed their lives from substance abuse and honored treatment and recovery service providers for the work that we do.

On 9/21 we held a luncheon for all of our clinical and support staff. The special lunch was an opportunity for staff to be recognized.

On 9/30 our Men’s Unit clients and staff attended the Illinois Valley Area Narcotics Anonymous convention in Crystal Lake. The theme of “Serenity in the Valley” included workshops and 12 step meeting guest speakers with a focus on fellowship, spirituality and growth. Ray Young, senior intake counselor for the Men’s Unit acted as the program chairperson for this convention. Thank you Ray!



Ray Young

Throughout the month all three of our residential programs held various activities to promote client progress in their recovery. These activities included decorating each program with banners and posters with personal recovery messages and themes. We held competitions to recognize clients for their efforts. Additionally, postcards with inspirational messages were shared between units. We also shared in a recovery skit and music presented by our Adolescent Unit, with the Men’s Unit singing their treatment unity song to conclude the program.

September was a great month to say the least. We thank our clinical and support staff for all of their contributions and for their commitment.



From left to right:
 Carrie Simmons, Health Services Director;
 John Enriquez MD, Psychiatrist

“Pack Leaders” at Southern Peaks

BY:
Ellen Johnson
Southern Peaks Regional Treatment Center
Cañon City, CO

The Southern Peaks Regional Treatment Center’s (SPRTC) Dog Companion Program has taken another step forward. Under the instruction and guidance of science teacher, Rod Gardner, and with the support of facility director, Joe Wilner, and numerous other staff members, SPRTC has been able to establish a successful youth directed dog training program.

In order to insure the team made wise and well-informed choices during the implementation process, the dog program team: Rod Gardner, Shawn Fitzgerald, CTE instructor, Jesse Oliver, assistant principal, and Ellen Johnson, principal, visited the Colorado Department of Corrections “Cell Dog” program. The team was given the chance to observe an actual “dog training” program and were advised to “make it a fun experience for the youth and dogs alike” minus any strict expectations or liability for actually training dogs.

Soon after their visit to the Cell Dog program, Rod, who is a “Dog Whisperer” advocate, established a dog training program as a summer elective. Participating youth are required to sign a waiver and seek approval from their parent and/or referral agency, in addition to meeting and maintaining certain behavioral criteria. The dogs are all owned by facility staff members. All dogs are “interviewed” to



ensure their temperament. Each dog must also have a recent health assessment and current shots. The focus of the summer program was to instruct four groups a day to work with an average of 4-6 dogs in agility training, games of fetch using balls and Frisbees and a variety of basic walking

and command following drills. Now that we are in the regular school year, we have established a schedule which allows the approved youth to work with the dogs two hours per week.

One of our original summer session participants has gone on to an internship with the Humane Society in Cañon City. This young lady is hopeful she will obtain paid employment upon discharge, possibly through a transfer to the Colorado Springs animal shelter. She is actively pursuing a career in veterinary medicine as well. We trust she will be one of many success stories related to the dog program.

The youth at SPRTC absolutely love the opportunity to train as a pack leader. They are instructed in the importance of becoming a calm and assertive leader, thus our new title of “Pack Leaders” was born. Cesar Milan, the “Dog Whisperer” opens his TV show with the words, “I train dogs and I rehabilitate people,” which sums up our purpose here at SPRTC as well. The strategies used while working with a dog so clearly apply to life that the kids just get it instantly. Remaining calm and being in control of oneself is a skill for everything our youth might encounter in life. They journal about their accomplishments and enjoy the chance to take the dogs through the routines for staff or during a special event, such as an assembly. The “Dog Halloween Costume Parade” during the assembly in October was a huge success.

We all love and support our “Pack Leader” program and its wonderful dogs!



EMPLOYEE SPOTLIGHT Rhonda Stewart



Rhonda Stewart is the clinical director at the Abraxas Academy in Morgantown PA, which is a Joint Commission accredited, Sanctuary Model certified, secure facility. Treatment tracks include: delinquent male habitual offenders, delinquent male sexual offenders and male and female secure detention services.

Ms. Stewart supervises all clinical treatment, which may focus on trauma recovery, working through and correction of underlying distortions, resolution of family based issues, and either developing or re-awakening a capacity for functional relatedness. Rhonda is responsible for implementing the Sanctuary Treatment Model at the facility and spear-heading the certification process. Further she is involved in the training and implementation process of the Sanctuary Model at other Abraxas sites.

Rhonda successfully lobbied for herself and other staff to become Certified Sex Offender Treatment Specialists and as a result the facility now has four master’s level Certified Sex Offender Treatment Specialist on staff. She has also played an integral role in re-structuring the behavioral process and treatment models for both the sexual offender and habitual offender units at the Academy.

Ms. Stewart volunteers her time to organize groups who send letters to the Troops, and food and clothing to the less fortunate. She also supports reading programs at local schools by lending her time.

Prior to be appointed as clinical director, Rhonda was originally hired as a clinician in 2006. She received her bachelor’s degree from Immaculata University in 2003 and her master’s in Counseling from Villanova University in 2005. Ms. Stewart is also certified in Functional Family Therapy. Rhonda is currently enrolled in classes at Immaculata University and she is in the process of completing the final requirements to be a Licensed Professional Counselor (LPC).

DID YOU KNOW?

The Abraxas Youth Center’s Secure Firesetter Program in South Mountain, PA was represented at the 9th Annual New Jersey Juvenile Firesetter Intervention Conference by Brian Dean, program manager, Dr. Alan Feldberg, psychologist, and two residents. Mr. Dean, with the help of his two clients, presented “In Their Own Thoughts and Words: Talking to Juveniles Who Have Set Fires.”

Mountain Wildlife Foundation Visits SPRTC



BY:
Michael Martinez
 Southern Peaks Regional Treatment Center
 Canon City, CO

On November 19th, residents at Southern Peaks Regional Treatment Center (SPRTC) had the opportunity to meet with members of the Mountain Wildlife Foundation. Guests included Mark Johnson, director of the wolf sanctuary, Robert Soaringhawk, a Native American volunteer for the sanctuary and of course the star of the visit "Apache," a 20 month old grey wolf.

Mark and Robert talked to residents about the purpose of the sanctuary and it's location in Guffey, CO. Throughout the assembly, residents were educated on the importance of wolves and how these animals have significant meaning to Native American culture. The students asked excellent questions and it was amazing to see our students' critical thinking skills at work. Mark and Robert informed the residents how wolves are a significant part of multiple cultures and why it's imperative to protect the wolves as they are

becoming an endangered animal. Furthermore, the presentation brought to light the myth of the "Big Bad Wolf," and explained how these animals can be very protective and very loving.

The youth were surprised as they entered the gym and saw a living, breathing, full blooded wolf staring back at them. The expressions on the faces of some of the clients indicated they were a bit intimidated by the wolf and the big cage that surrounded it.

Once the presentation was over, residents had a greater understanding of the sanctuary for the wolves and the positive impact these animals have on the environment and cultures around the world.



Abraxas Aids in Local Fire Safety Efforts

BY:
Bryan Coy
 Open Residential Firesetter / Sex Offender Program
 South Mountain, PA

During the month of September residents in the Abraxas Open Residential Firesetter Program assisted their local community fire department in preparing for Fire Prevention Month in October. Residents prepared 1,000 fire safety education packets for the fire department to hand out to children in local elementary schools. During this activity the residents learned about the numerous ways in which fire departments help their community, in addition to responding to emergencies. Firefighters spoke with the residents about the importance of practicing fire safety in their homes, creating home evacuation plans, and using fire in a responsible way as well as educating younger children on how to act in an emergency.

Youth from The Open Residential Firesetter Program also participate in numerous other activities during fire prevention month to include the "Change Your Clock Change Your Battery" Program, in which residents work with the local fire department and hand out free batteries to citizens in the community while educating them on the importance of regularly changing the batteries in their smoke detectors.

Outside of Fire Prevention Month, The Open Residential Firesetter Program residents participate in weekly off grounds community service trips to local fire departments and animal shelters to improve socializations skills, participate in hands on empathy building exercises, and to learn more about the concept of giving back to their community.

Abraxas Experience Workshop

In September, Abraxas Ohio located in Shelby, Ohio, hosted its 13th annual Abraxas Experience. This year, training

included the following topics: Legal and Ethical Issues for Child Welfare Professionals; Gang Education; and Drug Use and Abuse. This two day training opportunity provided attendees with relevant and useful information to aid them in their jobs, as well as an opportunity to experience all that Abraxas Ohio has to offer. If you have never had the chance to attend an Abraxas Experience Workshop, check it out next fall.

Email feedback@abraxasyfs.com for information.



A New Learning Experience is Hatching at South Mountain

BY:
Rocky Higgins
Open Residential Firesetter / Sex Offender Program
South Mountain, PA



The Abraxas Open Residential Firesetter / Sex Offender Program, South Mountain PA has a resident population of 24 youth varying in ages from 11-16. The program promotes learning in various ways especially with residents who have in the past struggled to learn, or have not been able to make connections between learned concepts and how those skills can be built into daily life. One specific learning style used is "Experiential Learning". The program frequently engages the residents in hands-on activities promoting team problem solving and fostering interpersonal skill building.

Recently, Ms. Dice, the Special Education teacher conducted an experiential learning activity with the eight residents in the elementary classroom. She introduced the boys to Embryology by sharing the 21 day process for hatching chicks.

When asked why she set up this activity, Ms. Dice replied, "Because most of my students are from the city, I wanted to provide a different type of learning experience for them. Before this, most of my students had never seen or held a baby chicken, nor did they know or understand how an embryo develops into a living being." Ms. Dice developed clear objectives for the activity which she summed up as; *the students will demonstrate understanding of the growth and development of an embryo through all stages until hatching; the students will understand and demonstrate the basic needs for a living being; and responsibly provide care for the developing embryos and chicks after hatching.*

Ms. Dice asked that each resident make daily journal entries which they shared with each other as well write essays on embryology concepts and the transformation they were witnessing. One resident, Jamase, said this experience very exciting, that he looked forward to it every day. In addition, Jamase wrote that he connected this project to his home life in that he began to transfer his learned knowledge to his home life and supporting the development of his brothers.

Another resident, Joshua shared that "The eggs and then the chicks really need a lot of attention." Joshua also talked about having to ensure the temperature was consistent to the embryos needs. He shared how he found happiness through working with the eggs and chicks as he recently lost a younger cousin and this project gave him something to focus on that was so uplifting.

In summary, Ms. Dice shared, "Throughout the activity, it was amazing to see how excited my students were to learn about something outside of the 'normal school realm'. Through all of the hands-on activities, the boys learned and were excited about something they may have never had the opportunity to experience, and will probably never forget. Students who sometimes only show their tough exteriors became children again at the sight of the hatching chicks. Seeing my students in this different light was inspirational!"

The Open Residential Program looks forward to continuing to offer similar activities to enhance the residents' learning perspectives. It is through such processes that teachers and students learn that there is more than one way to reach students who in the past have found school more of an obstacle than a learning center.



2011 AI FOOTBALL SEASON: One for the Record Books

BY:
Dave Fitch
Abraxas I
Marienville, PA



On November 11th, the last football game of the season was played with the Sheffield Area High School/Abraxas I co-op team. This ended the best season the football team has seen in the past 15 years and it also was a season of many milestones.

The first milestone was the win/loss record, in which this year's team won four games. This has been the most wins since 1996. They also played the undefeated league champions into a zero to zero tie which went into overtime. They lost 7-6, but gained the respect of the league, fans and coaches through their heart and determination. The team was also won both their Homecoming and Senior Day games. In addition, they had three shutout games missing a fourth to an overtime loss.

But the biggest success story came when the team qualified for the state football playoffs for the first time in school history! This was a huge story in the Sheffield community and the town supported their team in championship style. The town paid for a charter bus, had a team dinner before the game, distributed playoff shirts, and lined the streets for the "leaving town parade" accompanied by three local fire companies! The kids enjoyed the moment and they will have the memory for a lifetime.

Players from Abraxas also earned honors within the league. Nate C. (Allegheny County, PA) was named to the league's all star team as a defensive tackle. Kwante J. (Allegheny County, PA) led the league in return yards. He returned four kicks for touchdowns. Also, Shequan W. (Washington DC) was able to earn a starting quarter back spot and played very well throughout the season.

Congratulations to the 2011 Sheffield / Abraxas team!



To make a referral, please contact:



● **Arizona**

Danielle Kazmer

Rose Farrell

● **Colorado**

Danielle Kazmer

Jeremy Hugins

Lorenzo Tsosie

● **Delaware**

Valerie Waddell

● **Illinois**

Bernice Kimball

● **Maryland**

Mary Beth Sembrot

● **Michigan**

Kenya Sumlin

● **Montana**

Rose Farrell

● **Nevada**

Jonay Argier

● **New Mexico**

Danielle Kazmer

● **Ohio**

Megan Goings

Brooke Dunham

Kenya Sumlin

● **Pennsylvania**

Beth Stutzman

Jason Torres

Lisa Front

Shelton Colbert

Krista Bendis

Dominique Dease

Kristen Furchak

● **Texas**

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